



On a hot and still Sunday morning 14 paddlers departed for the cool tranquil waters of Green Island.





The trip over to Green Island proceeded at a leisurely pace with some members opting to stay cool by practicing their rolling.



Deb McCarthy gets the Most Stable Paddler Award by balancing Tony's car keys on the back deck of her kayak from Manly to Green Island! Well done Deb! Lucky you didn't do that Eskimo roll or you would have missed out on your ride home ;)



The waters of Green Island were very inviting to cool off,.... and to try to escape the ferocious midges.

On the high tide conditions were perfect for skills practice.





After a leisurely paddle home the group gathered for a coffee/ cold drink. Thanks everyone for a great day!

